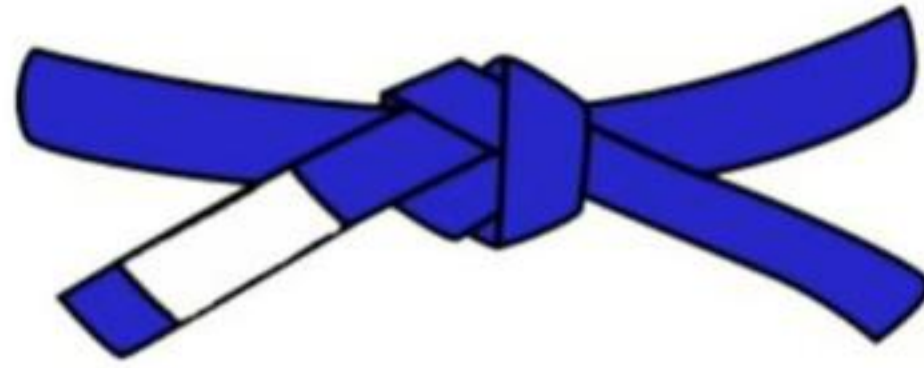


**Official Army Combatives Brazilian Jiu-Jitsu Syllabus
recognised by the Army Combatives Program and the
IBJJF**



- 1 Choke from Standing Position
- 1 Armlock from Standing Position
- 2 Takedowns
- 4 Sweeps (Reversals) from Guard Position
- 2 Chokes from Guard Position
- 2 Arm locks from Guard Position
- 2 Chokes from top position (Mount, Side Control, Knee on the Belly, etc)
- 2 Arm locks from top position (Mount, Side Control, Knee on the Belly, etc)
- 2 Submissions from the Back Control
- 2 Guard Passes on top of Guard Position
- 1 Escapes from Side Control
- 2 Escapes from Mount
- 2 Escapes from Headlock (On Ground)

Ground Striking with punches and/or edge weapon

- Control and Strike from Guard Position
- Control and Strike from Mount
- Control and Strike from Side Control
- Control and Strike from Knee on Belly
- Control and Strike from Back Control